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| DANCE | Monday | Tuesday | Wednesday | Thursday | Friday |
| 4:15-5:00 | Intermediate Tap (7+) | Tots Ballet/Tap (2-3) | Pre-Hop (4-6) | Pre-Ballet (4-6) | Privates |
| 5:00-5:45 | Pre Tap/Jazz Combo (4-6) | Pre-Ballet (4-6) | Ballet (7-9) | Ballet (10+) | Shining Stars |
| 5:45-6:30 | Beginner Leaps & Turns (7+) | Intermediate Cheer Technique | Intermediate Leaps & Turns | Lyrical Rehearsal 3 | Super Stars |
| 6:30-7:30 | Ballet/Jazz Rehearsal 1 | Fit 4 Life | Lyrical/Jazz Rehearsal 2 | Fit 4 Life | Cheer Strength & Flex |
| 7:30-8:15 | Tap/Jazz Combo (7+) | Advanced Cheer Technique | Contemporary Rehearsal 3 | Drill Prep | All Stars |
| 8:15-9:00 | **Adult** Tap & Jazz | Privates | Jazz Rehearsal 3 | Hip-Hop Rehearsal 3 | Privates |
| CHEER | Monday | Tuesday | Wednesday | Thursday | Friday |
| 4:15-5:00 | Beginner Cheer Technique  | Tiny’s Tumbling (3-4) | Tots Tumbling (2-3) | Cartwheel Class | Special Abilities |
| 5:00-5:45 | Pre-Cheer (4-6) | Beginner Cheer Technique (7+) | Pre Tumbling (4-6) | Beginner Acrobatics (7+) | Beginner Tumbling |
| 5:45-6:30 | Shooting Stars  | Shining Stars | Shooting Stars | Hip-Hop Rehearsal 1&2 | Beginner Tumbling |
| 6:30-7:30 | Beginner Strength & Flex | Cheer Strength & Flex | Advanced Acrobatics | Dance Strength & Flex | Back/Front Walkover |
| 7:30-8:15 | Hip-Hop (10+) | Super Stars | Intermediate Acrobatics | Hip-Hop (7-9) | Power Tumbling (7+) |
| 8:15-9:00 | Privates | All Stars | Privates | Privates | Back Handspring |

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| Shooting Stars Cheer | Tiny’s |
| Pre-Cheer | Monday 5:00 |
| Rehearsal 1 | Monday 5:45 |
| Beginner Strength & Flex | Monday 6:30 |
| Rehearsal 2 | Wednesday 5:00 |
| Beginner Tumbling | Wednesday 5:45 |

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| Shining Stars Cheer | Mini’s |
| Beginner Cheer Technique | Tuesday 5:00 |
| Rehearsal 1 | Tuesday 5:45 |
| Rehearsal 2 | Friday 5:00 |
| Beginner Tumbling | Friday 5:45 |
| Strength & Flex | Friday 6:30 |

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| Meteorites Dance | Level 1 |
| Beginner Leaps & Turns | Monday 5:45 |
|  Ballet/Jazz Rehearsal 1 | Monday 6:30 |
| Beginner Acrobatics | Thursday 5:00 |
| Hip-Hop Rehearsal | Thursday 5:45 |
| Strength & Flex | Thursday 6:30 |

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| Astros Dance | Level 3 |
| Advanced Acrobatics | Wednesday 6:30 |
| Contemporary Rehearsal 3 | Wednesday 7:30 |
| Jazz Rehearsal 3 | Wednesday 8:15 |
| Lyrical Rehearsal 3 | Thursday 5:45 |
| Strength & Flex | Thursday 6:30 |
| Drill Prep | Thursday 7:30 |
| Hip-Hop Rehearsal 3 | Thursday 8:15 |

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| Super Stars Cheer | Youth |
| Intermediate Cheer Technique | Tuesday 5:45 |
| Strength & Flex | Tuesday 6:30 |
| Rehearsal 1 | Tuesday 7:30 |
| Rehearsal 2 | Friday 5:45 |
| Back/Front Walkover | Friday 6:30 |

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| All Stars Cheer | Juniors |
| Strength & Flex | Tuesday 6:30 |
| Advanced Cheer Technique | Tuesday 7:30 |
| Rehearsal 1 | Tuesday 8:15 |
| Rehearsal 2 | Friday 7:30 |
| Back Handspring + | Friday 8:15 |

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| Competition Cheerleading Only |
| Competition Dance Only |
| Recreational Classes: Open for Walk-in’s for only $10 |
| Privates: $50 an hour +$10 per additional person for Duets or Trios |

This schedule is active from September 3rd - May 29th

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| Comets Dance | Level 2 |
| Intermediate Leaps & Turns | Wednesday 5:45 |
| Lyrical/Jazz Rehearsal 2 | Wednesday 6:30 |
|  Intermediate Acrobatics | Wednesday 7:30 |
| Hip-Hop Rehearsal | Thursday 5:45 |
| Strength & Flex | Thursday 6:30 |